Resources to Improve Your English

PCC Let's Talk Careers Zoom

Jan 22, 2026

primary care coalition

Why Improve Your English?

- Better communication every day – stores, teachers, government, employers
- Increase opportunities for yourself – you will be able to understand everyday information about career and community resources
- Advance more quickly at work – by communicating clearly to patients, professionals and supervisors
- Continue your education

What English Do You Need?

- Understanding spoken and written English (Comprehension)
- Speaking
- Reading
- Writing

If you want to continue your studies you need to test college ready in each area of English language

English Learning Opportunities

You can learn for free or pay for classes to move more quickly

Ways to learn that we will talk about today:

- Everyday activities that will improve your English
- Free resources in the community
- Online English classes
- Montgomery College classes

Everyday Activities to Improve English

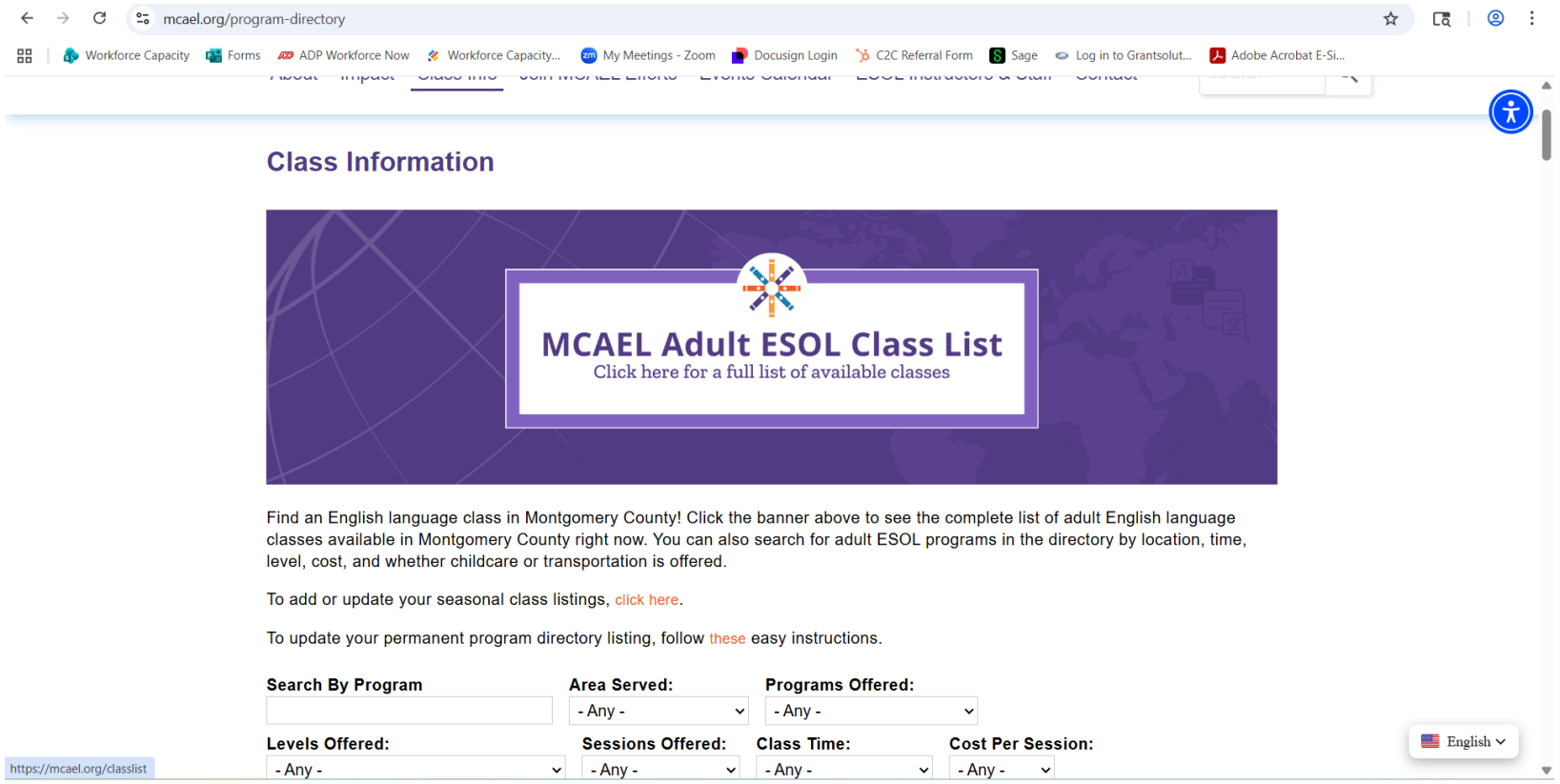
- Talk a lot!
- Talk to kids – they speak more slowly and use language that is more simple
- Listen to the radio or podcasts
- Read a news article every day and look up the words you don’t know
- Sing along to songs in English and learn the words
- Get app or make notes to learn vocabulary

Free Community Resources

- Gilchrist Center
- Classroom 2 Community (C2C)
- Sometimes - Montgomery College ESOL program

MCAEL let’s you search for ESOL classes in the community

https://www.mcael.org/



YouTube Classes

https://www.youtube.com/

- Search YouTube in your own language or in English
- Available any time
- Must have internet
- You are the judge of the quality of information
- Can be free or you might have to pay

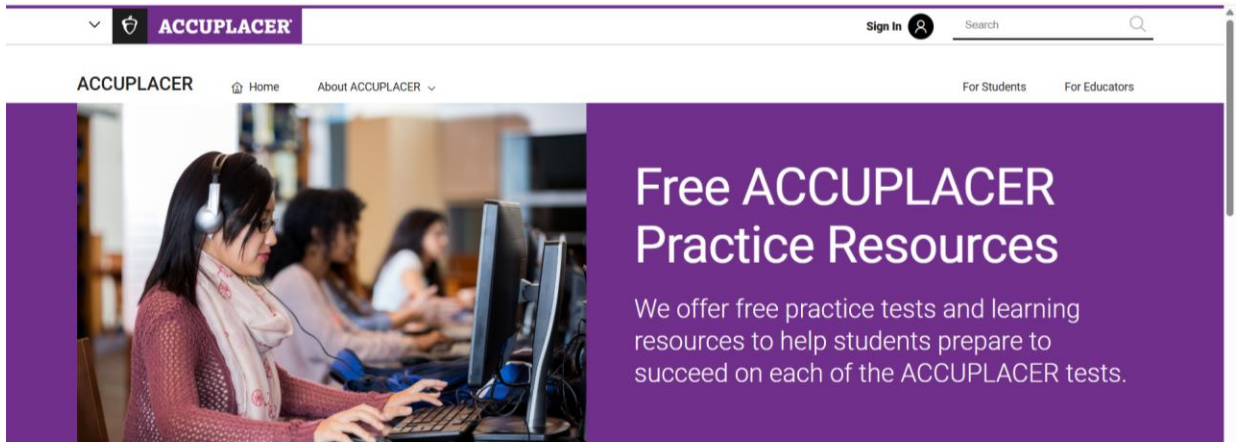
Tips

· Watch 10–15 minutes a day
· Turn English subtitles ON
· Repeat words and sentences out loud
· Write down new words and practice using them at work or school

Websites for Lessons and Practice

Some of these website require you to have a free account and might also have some parts that cost money

- Official College Board ACCUPLACER Guide
- ESL Accuplacer Sample Test
- Purdue Online Writing Lab
- Read Theory - Go to the ESL section.
- https://www.englishgrammar.org/

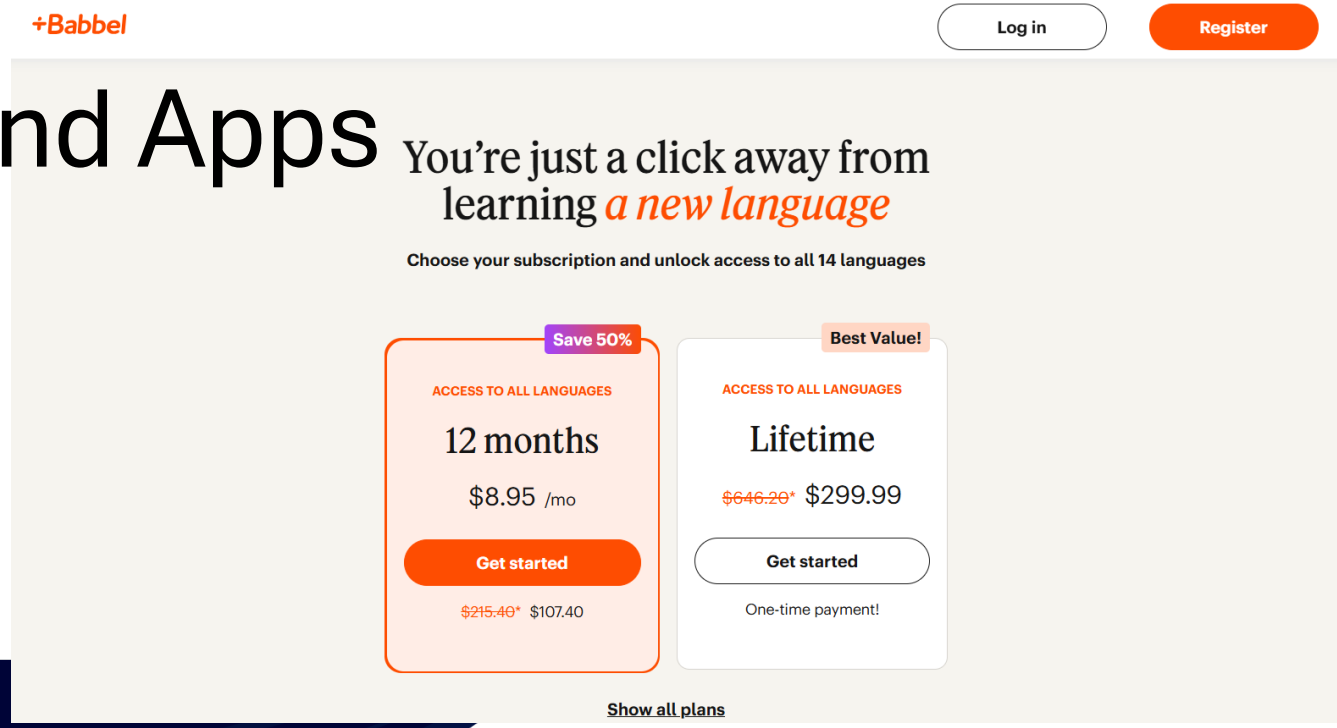


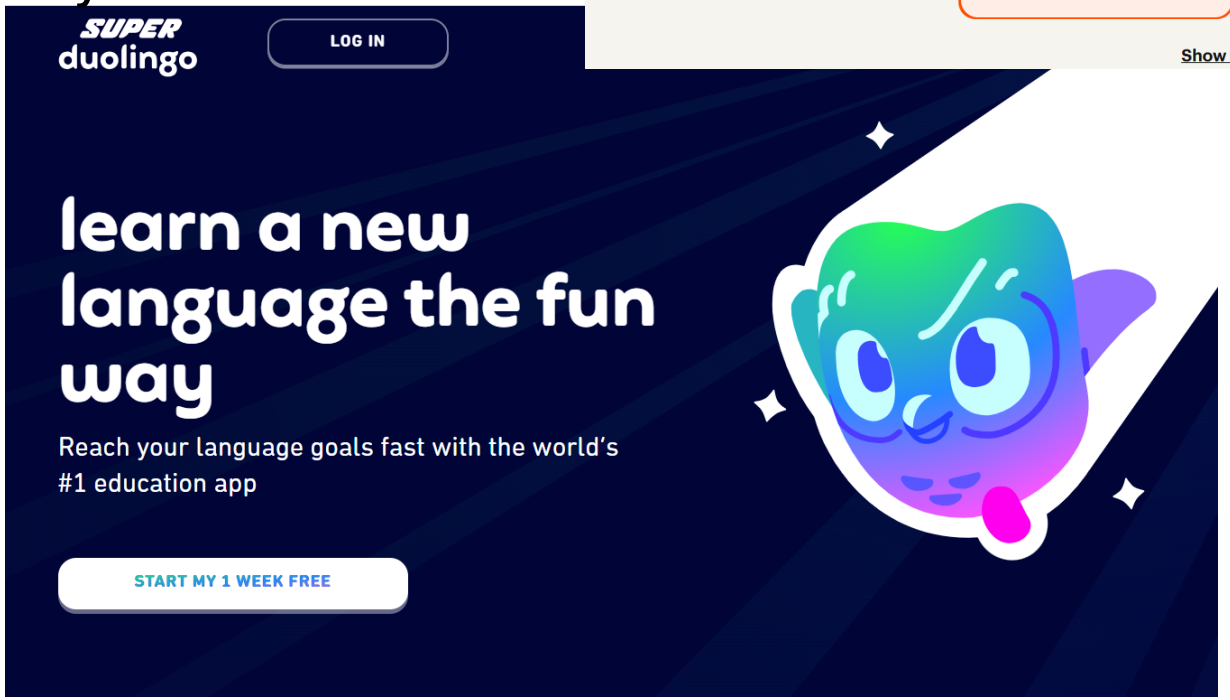
Help for your math skills:

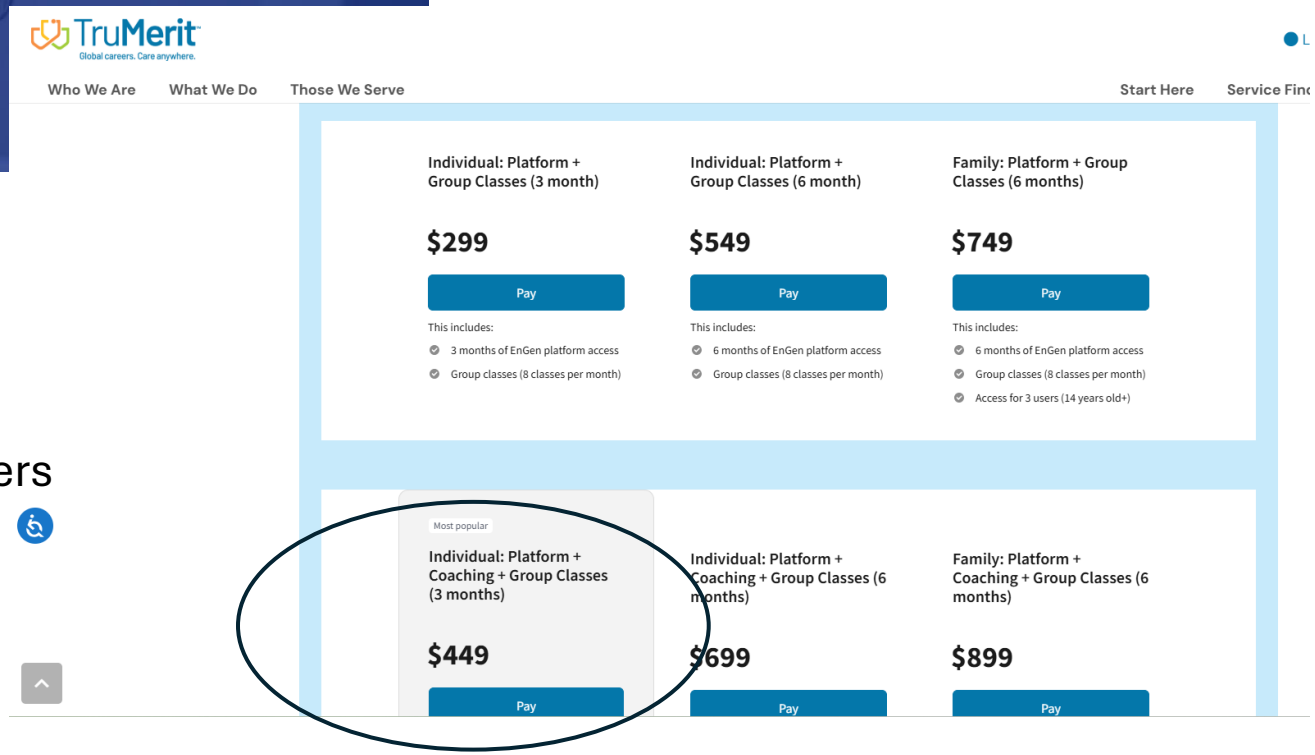
- MATH Help
- Khan Academy Home Page - Free Tutoring With Videos and Practice Tests
  - Khan Academy Lessons and Video on Fractions and Decimals
  - Khan Academy Lessons on Adding, Subtracting, Multiplying

Online English Classes and Apps

- Duolingo, Babbel, lots of others
- Different prices and plans
- Sometimes can be shared with family
- You can practice any time and anywhere







EnGen classes

- Career focused lessons – English for CNAs
- Live coaching can be included
- Test preparation for TOEFL, MET, NCLEX
- Available free at Suburban Hospital and possibly others

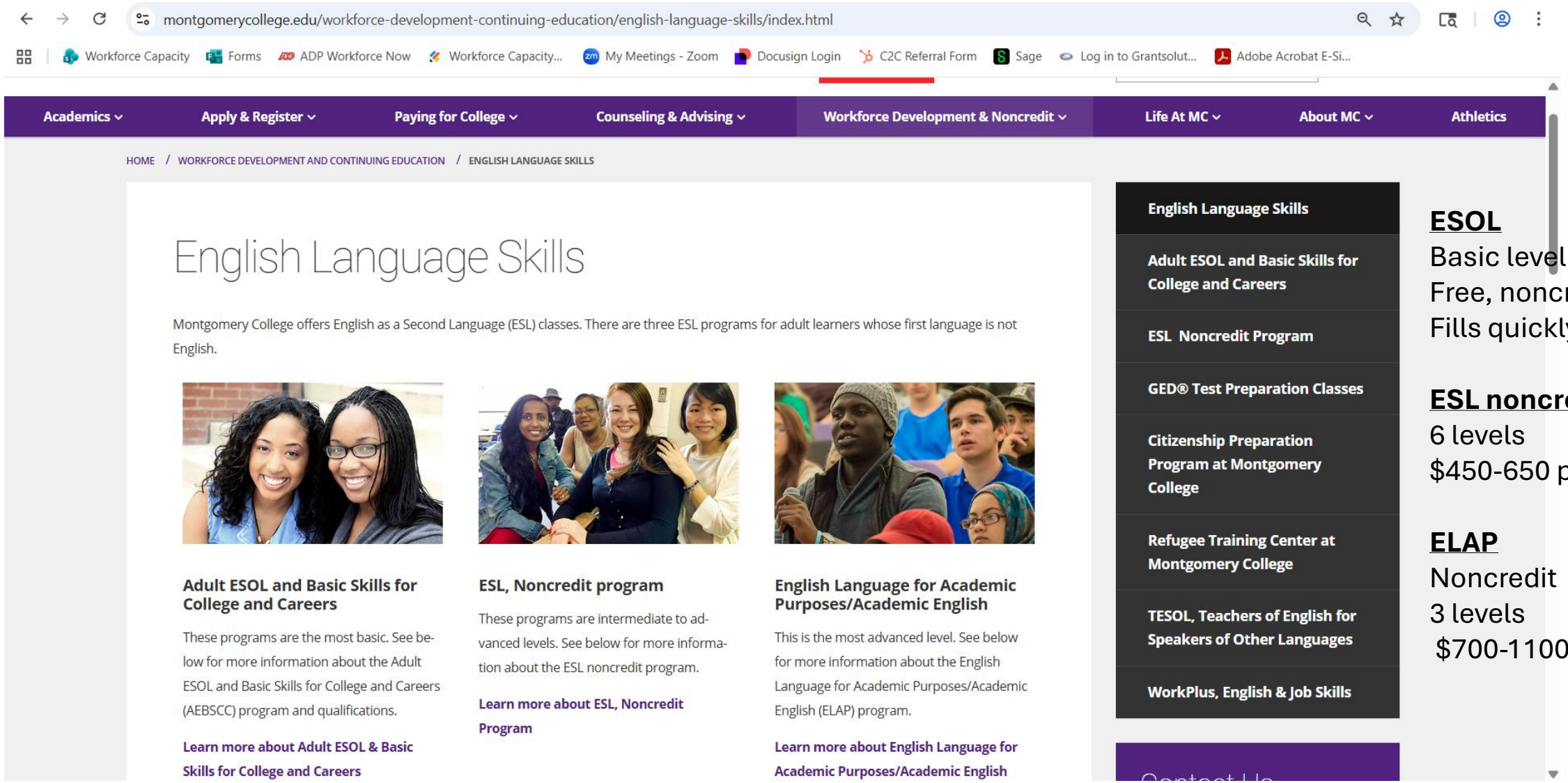
Video:
https://engen.wistia.com/medias/vn3lhlfnld

https://www.trumerit.org/english-language-training-for-healthcare-professionals/

MONTGOMERY COLLEGE

College English Classes

Figure 1: Montgomery College English – 3 programs



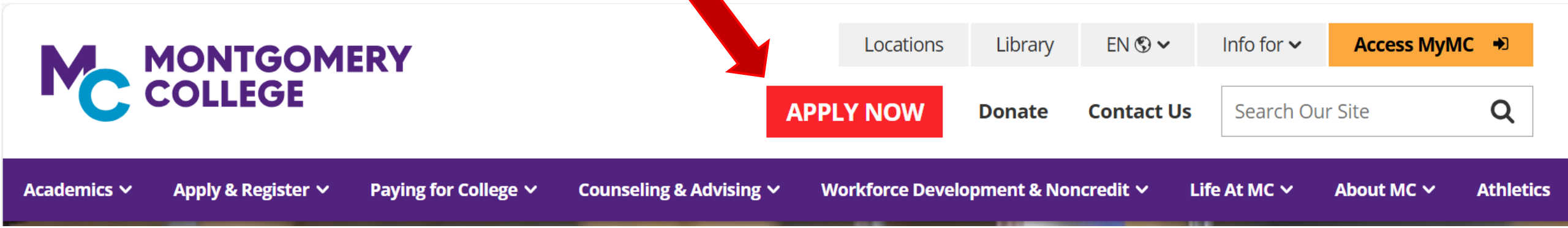
ESOL
Basic level
Free, noncredit
Fills quickly

ESL noncredit
6 levels
$450-650 per class

ELAP
Noncredit
3 levels
$700-1100 per class

https://www.montgomerycollege.edu/workforce-development-continuing-education/english-language-skills/index.html#ESL

Getting Started



- You can go to the 'Raptor Central' Office on any campus to get information
- You need a Montgomery College student ID number and account
- Take the placement test for the LEVEL YOU NEED
  - The ESL noncredit test is DIFFERENT from the ELAP test
  - For ELAP classes you must apply as a student in the College
  - The college will only allow you to enroll at the level of your test
  - When you start a class they will test you again to check your level

Montgomery College is very confusing – it is a good idea to go there, call them or email them to get advice.

ESL Noncredit Program

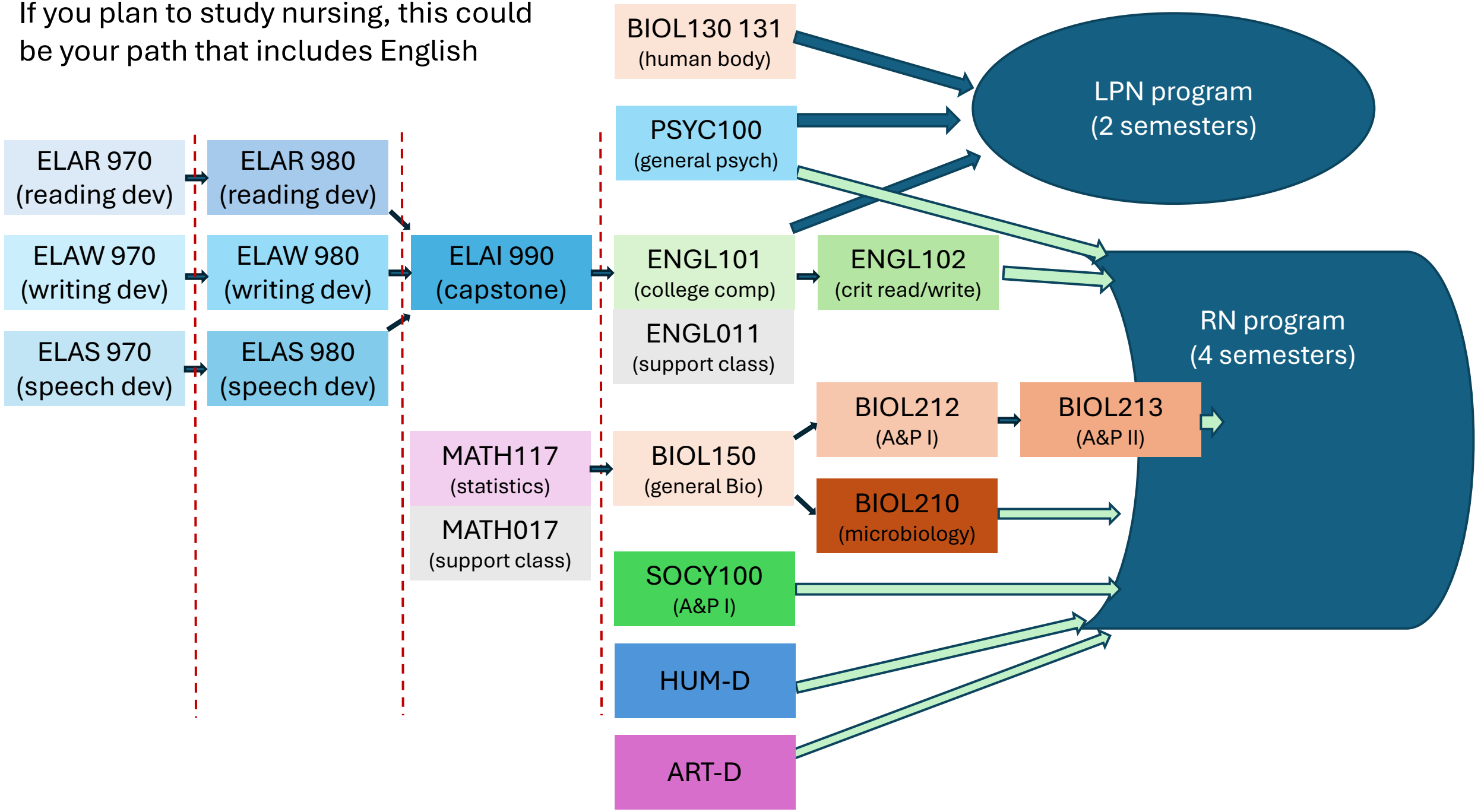
At a Glance Schedule Spring 2026

This schedule is provided to help you plan, and is subject to change without notice. For more information visit the ESL website

COURSE	CRN	START	COURSE TITLE	Campus / Mode	TIME	DAYS	TUITION	FEE	Non-MD Resident Add
			GENERAL COMMUNICATION CLASSES						
ESL321	34535	2/2	COMMUNICATION SKILLS 2	R	1230 / 1430	M--W----	$380	$70	$225
ESL321	33896	2/2	COMMUNICATION SKILLS 2	R	1230 / 1430	M--W----	$380	$70	$225
ESL331	33905	2/2	COMMUNICATION SKILLS 3	R	1230 / 1430	M--W----	$380	$70	$225
ESL331	33906	2/2	COMMUNICATION SKILLS 3	R	1230 / 1430	M--W----	$380	$70	$225
ESL331	33907	2/2	COMMUNICATION SKILLS 3	Z	1900 / 2100	M--W----	$380	$70	$225
ESL341	33924	2/2	COMMUNICATION SKILLS 4	R	1230 / 1430	M--W----	$380	$70	$225
ESL341	33925	2/2	COMMUNICATION SKILLS 4	R	1230 / 1430	M--W----	$380	$70	$225
ESL341	33926	2/2	COMMUNICATION SKILLS 4	Z	1230 / 1430	M--W----	$380	$70	$225
ESL341	33927	2/2	COMMUNICATION SKILLS 4	Z	1900 / 2100	M--W----	$380	$70	$225
ESL351	33943	2/2	COMMUNICATION SKILLS 5	R	1230 / 1430	M--W----	$380	$70	$225
ESL351	33944	2/2	COMMUNICATION SKILLS 5	R	1230 / 1430	M--W----	$380	$70	$225
ESL351	33945	2/2	COMMUNICATION SKILLS 5	Z	1900 / 2100	M--W----	$380	$70	$225
ESL300	33890	2/3	PRONUNCIATION	R	1230 / 1430	T--R---	$380	$70	$225
ESL300	33891	2/4	PRONUNCIATION	A	Distance Learning		$380	$70	$225
			PRE-ACADEMIC CLASSES						
ESL320	33892	1/26	READING AND WRITING 2	R	0930/ 1130	M-T-W-R-F-	$530	$90	$300
ESL320	33893	1/26	READING AND WRITING 2	R	0930/ 1130	M-T-W-R-F-	$530	$90	$300
ESL320	33894	2/3	READING AND WRITING 2	R	1830 / 2100	T--R---	$530	$90	$300
ESL320	33895	3/24	READING AND WRITING 2	R	0930/ 1130	M-T-W-R-F-	$530	$90	$300
ESL330	33897	1/26	READING AND WRITING 3	R	0930/ 1130	M-T-W-R-F-	$530	$90	$300
ESL330	33898	1/26	READING AND WRITING 3	R	0930/ 1130	M-T-W-R-F-	$530	$90	$300
ESL330	33899	1/26	READING AND WRITING 3	TP	0930/ 1130	M-T-W-R-F-	$530	$90	$300
ESL330	33900	2/2	READING AND WRITING 3	Z	1830 / 2100	M--W----	$530	$90	$300

MC webpage ESL noncredit offerings: https://www.montgomerycollege.edu/workforce-development-continuing-education/english-language-skills/esl/index.html

If you plan to study nursing, this could be your path that includes English



Questions

Don’t be shy, just keep talking!